

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: EPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.HealthReformPlanSBC.com or by calling 1-800-370-4526.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: EE Only <b>\$1,500</b> ; EE + Family <b>\$3,000</b> . Does not apply to preventive care in-network.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. Network: EE Only <b>\$4,500</b> ; EE + Family <b>\$9,000</b> .	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the <b>out-of pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.aetna.com or call 1-800-370-4526 for a list of network providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .

Coverage Period: 01/01/2019 - 12/31/2019

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use network <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	20% coinsurance	Not covered	Includes Internist, General Physician, Family Practitioner or Pediatrician.
If you visit a health	Specialist visit	20% coinsurance	Not covered	none
care <u>provider's</u> office or clinic	Other practitioner office visit	20% coinsurance	Not covered	Coverage is limited to 35 visits per calendar year for Chiropractic care combined with rehabilitation services.
	Preventive care /screening /immunization	No charge	Not covered	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	Not covered	none
ii you iiuve a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	none-

Coverage Period: 01/01/2019 - 12/31/2019

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Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out–of–Network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	none
outpatient surgery	Physician/surgeon fees	20% coinsurance	Not covered	none
If you need	Emergency room services	20% coinsurance	20% coinsurance	No coverage for non-emergency use.
immediate medical	Emergency medical transportation	20% coinsurance	20% coinsurance	none
attention	Urgent care	20% coinsurance	Not covered	No coverage for non-urgent use.
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	none
stay	Physician/surgeon fee	20% coinsurance	Not covered	none
If you have mental health, behavioral	Mental/Behavioral health outpatient services	20% coinsurance	Not covered	none
health, or substance abuse needs	Mental/Behavioral health inpatient services	20% coinsurance	Not covered	none

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Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out–of–Network Provider	Limitations & Exceptions
	Substance use disorder outpatient services	20% coinsurance	Not covered	none
	Substance use disorder inpatient services	20% coinsurance	Not covered	none-
If you are pregnant	Prenatal and postnatal care	No charge	Not covered	none
ii you are pregnant	Delivery and all inpatient services	20% coinsurance	Not covered	Includes outpatient postnatal care.
	Home health care	20% coinsurance	Not covered	Coverage is limited to 60 visits per calendar year.
If you need help recovering or have	Rehabilitation services	20% coinsurance	Not covered	Coverage is limited to 35 visits per calendar year for Physical, Occupational, Speech Therapy & Chiropractic care combined.
other special health	Habilitation services	20% coinsurance	Not covered	Coverage is limited to treatment of Autism.
needs	Skilled nursing care	20% coinsurance	Not covered	Coverage is limited to 60 days per calendar year.
	Durable medical equipment	20% coinsurance	Not covered	none
	Hospice service	20% coinsurance	Not covered	none
If your child needs	Eye exam	No charge	Not covered	Coverage is limited to 1 routine eye exam per 12 months.
dental or eye care	Glasses	Not covered	Not covered	Not covered.
	Dental check-up	Not covered	Not covered	Not covered.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)

- Glasses (Child)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

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Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care Coverage is limited to 35 visits per calendar year for Chiropractic care combined with rehabilitation services.
- Infertility treatment Coverage is limited to the diagnosis and treatment of underlying medical condition.
- \$1,000 per 36 months.
- Hearing aids Coverage is limited to a maximum of Routine eye care (Adult) Coverage is limited to 1 routine eye exam per 12 months.

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-370-4526. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or **www.cciio.cms.gov**.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact us by calling the toll free number on your Medical ID Card. If your group health plan is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at

http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html

#### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". This plan or policy does provide minimum essential coverage.

#### Does this Coverage Meet Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Questions: Call 1-800-370-4526 or visit us at www.HealthReformPlanSBC.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary atteriorayHealthReformPlanSBC.com or call 1-800-370-4526 to request a copy.



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#### Language Access Services:

Para obtener asistencia en Español, llame al 1-800-370-4526. 如果需要中文的帮助,请拨打这个导码 1-800-370-4526. Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-370-4526. Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-370-4526.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.----

Coverage Period: 01/01/2016 - 12/31/2016

**Coverage Examples** 

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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

### Having a baby

(normal delivery)

Amount owed to providers: \$7,540

Plan pays: \$6,540Patient pays: \$1,000

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
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Total	\$7,540
Patient pays:	\$7,540
	\$7,540
Patient pays:	
Patient pays:  Deductibles	\$300
Patient pays:  Deductibles Copays	\$300 \$500

### Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400

Plan pays: \$4,120 Patient pays: \$1,280

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

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Deductibles	\$300
Copays	\$700
Coinsurance	\$200
Limits or exclusions	\$80
Total	\$1,280

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**Coverage Examples** 

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Coverage Period: 01/01/2016 - 12/31/2016

# Questions and answers about the Coverage Examples:

#### What are some of the assumptions behind the Coverage Examples?

#### • Costs don't include **premiums**.

- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

#### What does a Coverage **Example show?**

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## **Does the Coverage Example** predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

#### **Does the Coverage Example** predict my future expenses?

**No.** Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

#### Can I use Coverage Examples to compare plans?

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**Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

**Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-800-370-4526 or visit us at www.HealthReformPlanSBC.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at with WHealth Reform Plan SBC. com or call 1-800-370-4526 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services



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Coverage for: Individual + Family | Plan Type: EPO

Coverage Period: 01/01/2019-12/31/2019



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.HealthReformPlanSBC.com or by calling 1-800-370-4526. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-370-4526 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Tier 1: Individual \$750 / Family \$2,250. Tier 3: Individual \$2,000 / Family \$6,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Emergency care; plus in- <u>network</u> office visits & <u>preventive care</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Tier 1: Individual \$5,000 / Family \$15,000. Tier 3: Individual \$5,000 / Family \$15,000.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges & health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind or call1-800-231-7729 for a list of Tier 1 Provider providers.	You pay the least if you use a <u>provider</u> in Tier 1 <u>Provider</u> . You pay more if you use a <u>provider</u> in Tier 3 <u>Provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Tier 1 Provider (You will pay the least)	Tier 3 Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$35 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$40 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None
If you visit a health care provider's	Specialist visit	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$60 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None
office or clinic	Preventive care /screening /immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a toot	Diagnostic test (x-ray, blood work)	No charge	No charge	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	Not covered	None
If you need drugs	Generic drugs	Not applicable	Not covered	Not covered	
to treat your	Preferred brand drugs	Not applicable	Not covered	Not covered	Not covered.
illness or	Non-preferred brand drugs	Not applicable	Not covered	Not covered	
More information about prescription drug coverage is available at www.aetna.com/pha rmacy-insurance/individual s-families	Specialty drugs	Not applicable	Not covered	Not covered	Not covered.
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	Not covered	None
outpatient surgery	Physician/surgeon fees	10% coinsurance	30% coinsurance	Not covered	None

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			What You Will Pay		
Common Medical Event	Services You May Need	Tier 1 Provider (You will pay the least)	Tier 3 Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf	Emergency room care	\$500 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$500 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$500 <u>copay</u> /visit, <u>deductible</u> doesn't apply	No coverage for non-emergency use.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	20% coinsurance	Non-emergency transport: not covered, except if pre-authorized.
uttention	<u>Urgent care</u>	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$60 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	No coverage for non-urgent use.
If you have a hospital stay	Facility fee (e.g., hospital room)	10% <u>coinsurance</u> after \$500 <u>copay</u> /stay	30% <u>coinsurance</u> after \$500 <u>copay</u> /stay	Not covered	None
	Physician/surgeon fees	10% coinsurance	30% coinsurance	Not covered	None
If you need mental health, behavioral health, or	Outpatient services	Office & other outpatient services: \$50 copay/visit, deductible doesn't apply	Office & other outpatient services: \$60 copay/visit, deductible doesn't apply	Not covered	None
substance abuse services	Inpatient services	10% <u>coinsurance</u> after \$500 <u>copay</u> /stay	30% <u>coinsurance</u> after \$500 <u>copay</u> /stay	Not covered	None
	Office visits	No charge	No charge	Not covered	
If you are pregnant	Childbirth/delivery professional services	10% <u>coinsurance</u>	30% coinsurance	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services
ii you are pregnant	Childbirth/delivery facility services	10% <u>coinsurance</u> after \$500 <u>copay</u> /stay	30% <u>coinsurance</u> after \$500 <u>copay</u> /stay	Not covered	described elsewhere in the SBC (i.e. ultrasound.)
If you pood bolo	Home health care	No charge	No charge	Not covered	60 visits/calendar year.
If you need help recovering or have other special health needs	Rehabilitation services	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$60 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	35 visits/calendar year for Physical, Occupational, Speech Therapy & Chiropractic care combined, including outpatient hospital services.

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			What You Will Pay		
Common Medical Event	Services You May Need	Tier 1 Provider (You will pay the least)	Tier 3 Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	\$60 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	None
	Skilled nursing care	No charge	No charge	Not covered	60 days/calendar year.
	Durable medical equipment	20% coinsurance	30% coinsurance	Not covered	Limited to 1 <u>durable medical</u> <u>equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	No charge	No charge	Not covered	None
If your child needs dental or eye care	Children's eye exam	No charge	No charge	Not covered	1 routine eye exam/12 months.
	Children's glasses	Not covered	Not covered	Not covered	Not covered.
delital of eye cale	Children's dental check-up	Not covered	Not covered	Not covered	Not covered.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)

- Glasses (Child)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Prescription drugs

- Private-duty nursing
- Routine foot care
- Weight loss programs Except for required preventive services.

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Hearing aids \$1,000 maximum/36 months.
- Infertility treatment Limited to the diagnosis & treatment of underlying medical condition.
- Routine eye care (Adult) 1 routine eye exam/12 months.

#### **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the plan at 1-800-370-4526.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272)

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- or: https://www.dol.gov/agencies/ebsa
- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.
- If your coverage is a church plan, church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

#### **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- Aetna directly by calling the toll free number on your Medical ID Card, or by calling our general toll free number at 1-800-370-4526.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa
- For non-federal governmental group health plans, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.
- Additionally, a consumer assistance program can help you file your appeal. Contact information is at: http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html.

#### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.------

Proprietary

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

#### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

\$12,800
\$750
\$70
\$1,100
\$100
\$2,020

#### **Managing Joe's type 2 Diabetes** (a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$6,000
The total Joe would pay is	\$6,300

#### **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$600	
Copayments	\$700	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,300	

6 of 6

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-800-370-4526.

#### **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-800-370-4526.

#### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

#### **Non-Discrimination**

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),

1-800-648-7817, TTY: 711, Fax: 859-425-3379 (CA HMO customers: 1-860-262-7705),

Email: CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).

#### TTY: 711

#### Language Assistance:

For language assistance in your language call 1-800-370-4526 at no cost.

Albanian - Për asistencë në gjuhën shqipe telefononi falas në 1-800-370-4526.

للمساعدة في (اللغة العربية)، الرجاء الاتصال على الرقم المجاني 4526-370-1-80 Arabic -Armenian -Լեզվի ցուցաբերած աջակցության (հայերեն) ցանգի 1-800-370-4526 առանց գնով։ Bahasa Indonesia -Untuk bantuan dalam bahasa Indonesia, silakan hubungi 1-800-370-4526 tanpa dikenakan biaya. Bantu-Kirundi -Niba urondera uwugufasha mu Kirundi, twakure kuri iyi nomero 1-800-370-4526 ku busa Bengali-Bangala -Bisayan-Visayan -Alang sa pag-abag sa pinulongan sa (Binisayang Sinugboanon) tawag sa 1-800-370-4526 nga walay bayad. ငွေကုန်ကျခံစရာမလိုဘဲ (မြန်မာဘာသာစကား)ဖြင့် ဘာသာစကားအကူအညီရယူရန် 1-800-370-4526 ကို ခေါ် ဆိုပါ။ Burmese -Catalan -Per rebre assistència en (català), truqui al número gratuït 1-800-370-4526. Chamorro -Para ayuda gi fino' (Chamoru), ågang 1-800-370-4526 sin gåstu. Cherokee -ӨӨУӨ SUHAOJ JHOSPOY OLT (CWY) OLWO'IS 1-800-370-4526 O'OT L' AFOJ dEGPJ HIPRO. Chinese -欲取得繁體中文語言協助,請撥打1-800-370-4526,無需付費。 Choctaw -(Chahta) anumpa ya apela a chi I paya hinla 1-800-370-4526. Cushite -Gargaarsa afaan Oromiffa hiikuu argachuuf lakkokkofsa bilbilaa 1-800-370-4526 irratti bilisaan bilbilaa. Bel voor tolk- en vertaaldiensten in het Nederlands gratis naar 1-800-370-4526. Dutch -Pour une assistance linguistique en français appeler le 1-800-370-4526 sans frais. French -French Creole -Pou jwenn asistans nan lang Krevòl Avisyen, rele nimewo 1-800-370-4526 gratis.

Garman - Benätigen Sie Hilfe oder Informationen in deutscher Sprache? Rufen Sie uns kostenlas unter

German - Benötigen Sie Hilfe oder Informationen in deutscher Sprache? Rufen Sie uns kostenlos unter der Nummer 1-800-370-4526 an.

Greek - Για γλωσσική βοήθεια στα Ελληνικά καλέστε το 1-800-370-4526 χωρίς χρέωση.

Hawaiian -No ke kōkua ma ka 'ōlelo Hawai'i, e kahea aku i ka helu kelepona 1-800-370-4526. Kāki 'ole 'ia kēia kōkua nei. हिनदी में भाषा सहायता के लिए. 1-800-370-4526 पर मुफत कॉल करें। Hindi -Yog xav tau kev pab txhais lus Hmoob hu dawb tau rau 1-800-370-4526. Hmong -Maka enyemaka asusu na labo kpoo 1-800-370-4526 na akwughi ugwo o bula lbo llocano -Para iti tulong ti pagsasao iti pagsasao tawagan ti 1-800-370-4526 nga awan ti bayadanyo. Per ricevere assistenza linguistica in italiano, può chiamare gratuitamente 1-800-370-4526. Italian -日本語で援助をご希望の方は、1-800-370-4526 まで無料でお電話ください。 Japanese -လာတာမြာစားတာကြတိုးကျို့ခ်အင်္ဂါ ကျို့ခ် ကိုး 1-800-370-4526 လာတအိုခ်ုံနီးတာလာခံသည်လာခံစွာသည် Karen -한국어로 언어 지원을 받고 싶으시면 무료 통화번호인 1-800-370-4526 번으로 전화해 주십시오. Korean -Kru-Bassa -'Bε'm'ké gbo-kpá-kpá dyé pidyi dé 'Ba'sɔɔ́-wuduùn wε̃ε, dá 1-800-370-4526 برای راهنمایی به زبان فارسی با شماره 4526-370-4500 به خورایی پهیوهندی بکهن. Kurdish -ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫືອໃນການແປພາສາລາວ, ກະລນາໂທຫາ-800-370-4526 ໂດຍບໍ່ເສຍຄ່າໂທ. Laotian -\_\_\_\_\_\_1-800-370-4526 Marathi -Marshallese -Nan bōk jipañ ilo Kajin Majol, kallok 1-800-370-4526 ilo ejjelok wōnān. Micronesian-Ohng palien sawas en soun kawewe ni omw lokaia Ponape koahl 1-800-370-4526 ni sohte isais. Pohnpeyan -សមរាប់ជំនួយភាសាជា ភាសាខមរៃ សូមទូរស័ពទទ**ៅកាន់លខេ 1-800-370-4526 ដ**ោយឥតគិតថ្មលំ។ Mon-Khmer. Cambodian -Navajo -T'áá shi shizaad k'ehjí bee shíká a'doowol nínízingo Diné k'ehjí koji' t'áá jíík'e hólne' 1-800-370-4526 Nepali -Nilotic-Dinka -Tën kupony ë thok ë Thuonjän col 1-800-370-4526 kecin ayöc. Norwegian -For språkassistanse på norsk, ring 1-800-370-4526 kostnadsfritt. Panjabi -Pennsylvania Dutch - Fer Helfe in Deitsch, ruf: 1-800-370-4526 aa. Es Aaruf koschtet nix. برای راهنمایی به زبان فارسی با شماره 4526-370-800 بدون هیچ هزینه ای تماس بگیرید انگلیسی Persian -Aby uzyskać pomoc w języku polskim, zadzwoń bezpłatnie pod numer 1-800-370-4526. Polish -

Portuguese - Para obter assistência linguística em português ligue para o 1-800-370-4526 gratuitamente.

Romanian - Pentru asistență lingvistică în românește telefonați la numărul gratuit 1-800-370-4526

Russian - Чтобы получить помощь русскоязычного переводчика, позвоните по бесплатному номеру 1-800-370-4526.

Samoan - Mo fesoasoani tau gagana I le Gagana Samoa vala'au le 1-800-370-4526 e aunoa ma se totogi.

Serbo-Croatian - Za jezičnu pomoć na hrvatskom jeziku pozovite besplatan broj 1-800-370-4526.

Spanish - Para obtener asistencia lingüística en español, llame sin cargo al 1-800-370-4526.

Sudanic-Fulfude - Fii yo on heɓu balal e ko yowitii e haala Pular noddee e oo numero ɗoo 1-800-370-4526. Njodi woo fawaaki on.

Swahili - Ukihitaji usaidizi katika lugha ya Kiswahili piga simu kwa 1-800-370-4526 bila malipo.

Tagalog - Para sa tulong sa wika na nasa Tagalog, tawagan ang 1-800-370-4526 nang walang bayad.

Thai - สำหรับความช่วยเหลือทางด้านภาษาเป็น ภาษาไทย โทร 1-800-370-4526 ฟรีไม่มีค่าใช้จ่าย

Tongan - Kapau 'oku fiema'u hā tokoni 'i he lea faka-Tonga telefoni 1-800-370-4526 'o 'ikai hā ōtōngi.

Trukese - Ren áninnisin chiakú ren (Kapasen Chuuk) kopwe kékkééri 1-800-370-4526 nge esapw kamé ngonuk.

Turkish - (Dil) çağrısı dil yardım için. Hiçbir ücret ödemeden 1-800-370-4526.

Ukrainian - Щоб отримати допомогу перекладача української мови, зателефонуйте за безкоштовним номером 1-800-370-4526.

ا ری رک ل کستف م رب 1-800-370-4526 یک ستن و اعمین الل رق م و در

Vietnamese - Đê 'được hố 'trợ ngôn ngư bằng (ngôn ngư), hấy gọi miến phi 'đên số 1-800-370-4526.

Yiddish - פאר שפראך הילף אין אידיש רופט 1-800-370-4526 פריי פון אפצאל.

Yoruba - Fún ìrànlowo nípa èdè (Yorùbá) pe 1-800-370-4526 lái san owó kankan rárá.

Access® Aetna SelectsM - Seton Only Plan

Coverage Period: 01/01/2019 - 12/31/2019

Coverage for: Individual + Family | Plan Type: EPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

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This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.HealthReformPlanSBC.com or by calling 1-800-370-4526.

	_	
Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network: Individual <b>\$1,000</b> / Family <b>\$3,000</b> . Does not apply to office visits, prescription drugs, emergency care, and preventive care in-network.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. Network: Individual \$4,000 / Family \$12,000.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the <b>out-of pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.aetna.com or call 1-800-370-4526 for a list of network providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: EPO



- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use network <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$35 copay/visit	Not covered	Includes Internist, General Physician, Family Practitioner or Pediatrician.
If you visit a health	Specialist visit	\$50 copay/visit	Not covered	none
care <u>provider's</u> office or clinic	Other practitioner office visit	\$35 copay/visit	Not covered	Coverage is limited to 35 visits per calendar year for Chiropractic care combined with rehabilitation services.
	Preventive care /screening /immunization	No charge	Not covered	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not covered	none—
11 you nave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	none

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: EPO

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out–of–Network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	none
outpatient surgery	Physician/surgeon fees	20% coinsurance	Not covered	none
If you need	Emergency room services	\$500 copay/visit	\$500 copay/visit	No coverage for non-emergency use.
immediate medical	Emergency medical transportation	20% coinsurance	20% coinsurance	none
attention	Urgent care	\$50 copay/visit	Not covered	No coverage for non-urgent use.
If you have a hospital	Facility fee (e.g., hospital room)	80% coinsurance after	Not covered	none
stay		\$500 copay/stay		
	Physician/surgeon fee	No charge	Not covered	none
If you have mental health, behavioral	Mental/Behavioral health outpatient services	\$35 copay/visit	Not covered	none
health, or substance abuse needs	Mental/Behavioral health inpatient services	20% coinsurance after	Not covered	none
		\$500 copay + deductible		

Access® Aetna SelectsM - Seton Only Plan

Coverage for: Individual + Family | Plan Type: EPO

Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use an Out–of–Network Provider	Limitations & Exceptions
	Substance use disorder outpatient services	\$35 copay/visit	Not covered	none
	Substance use disorder inpatient services	20% coinsurance after \$500 copay + deductible	Not covered	none-
If you are pregnant	Prenatal and postnatal care	No charge	Not covered	none
II you are pregnant	Delivery and all inpatient services	\$500 copay + deductible	Not covered	Includes outpatient postnatal care.
	Home health care	No charge	Not covered	Coverage is limited to 60 visits per calendar year.
If you need help recovering or have	Rehabilitation services	\$35 copay/visit	Not covered	Coverage is limited to 35 visits per calendar year for Physical, Occupational, Speech Therapy & Chiropractic care combined.
other special health	Habilitation services	\$35 copay/visit	Not covered	Coverage is limited to treatment of Autism.
needs	Skilled nursing care	\$500 copay + deductible	le Not covered	Coverage is limited to 60 days per calendar year.
	Durable medical equipment	20% coinsurance	Not covered	none
	Hospice service	No charge	Not covered	none
If your child needs	Eye exam	\$35 copay/visit	Not covered	Coverage is limited to 1 routine eye exam per 12 months.
dental or eye care	Glasses	Not covered	Not covered	Not covered.
	Dental check-up	Not covered	Not covered	Not covered.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)

- Glasses (Child)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs



Access® Aetna SelectsM - Seton Only Plan

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2019 - 12/31/2019

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Chiropractic care

Hearing aids - Coverage is limited to a maximum of \$1,000 per 36 months.

 Infertility treatment - Coverage is limited to the diagnosis and treatment of underlying medical f condition. Routine eye care (Adult) - Coverage is limited to 1 routine eye exam per 12 months.

Coverage for: Individual + Family | Plan Type: EPO

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a <u>premium</u>, which may be significantly higher than the <u>premium</u> you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-370-4526. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact us by calling the toll free number on your Medical ID Card. If your group health plan is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Additionally, a consumer assistance program can help you file your appeal. Contact information is at

http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html

#### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage". **This plan or policy <u>does provide</u>** minimum essential coverage.

#### Does this Coverage Meet Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health** coverage does meet the minimum value standard for the benefits it provides.

**Questions:** Call 1-800-370-4526 or visit us at www.HealthReformPlanSBC.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at wifewyHealthReformPlanSBC.com or call 1-800-370-4526 to request a copy.



Access® Aetna SelectsM - Seton Only Plan

Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: EPO

#### Language Access Services:

Para obtener asistencia en Español, llame al 1-800-370-4526. 如果需要中文的帮助,请拨打这个号码 1-800-370-4526. Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-370-4526. Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-370-4526.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.----

Coverage Period: 01/01/2016 - 12/31/2016

**Coverage Examples** 

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Coverage for: Individual + Family | Plan Type: EPO

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

### Having a baby

(normal delivery)

Amount owed to providers: \$7,540

Plan pays: \$6,540Patient pays: \$1,000

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
/TI . 1	
Total	\$7,540
Patient pays:	\$7,540
	\$7,540
Patient pays:	
Patient pays:  Deductibles	\$300
Patient pays:  Deductibles Copays	\$300 \$500

### Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400

Plan pays: \$4,120 Patient pays: \$1,280

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

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Deductibles	\$300
Copays	\$700
Coinsurance	\$200
Limits or exclusions	\$80
Total	\$1,280

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**Coverage Examples** 

aetna :

Coverage Period: 01/01/2016 - 12/31/2016

Coverage for: Individual + Family | Plan Type: EPO

## Questions and answers about the Coverage Examples:

#### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

#### What does a Coverage **Example show?**

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## **Does the Coverage Example** predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different, based on your doctor's advice, your age, how serious your condition is, and many other factors.

#### **Does the Coverage Example** predict my future expenses?

**No.** Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

#### Can I use Coverage Examples to compare plans?

**Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

**Yes.** An important cost is the **premium** you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-800-370-4526 or visit us at www.HealthReformPlanSBC.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at with WHealth Reform Plan SBC. com or call 1-800-370-4526 to request a copy.