

NEST

**PROTECT
CHILDHOOD**



PLAYGROUND

the child sex trade
in **AMERICA**



Director: Libby Spears

Producers: Lauren Embrey, Abigail Disney, George Clooney



1 IN 4 GIRLS 1 IN 13 BOYS

are victims of sexual abuse before the age of 18.

3 out of 4

minors who reported were living with the person who was abusing them during the quarantine.

Since shelter-in-place orders started in March 2020, for the first time ever, more than half of those reaching out to the National Sexual Assault Hotline have been minors.

In the United States,
CHILDREN OF COLOR ARE

4X MORE LIKELY

to be trafficked than white children.

Young women of color experience sexual violence at a higher rate. For example, approximately

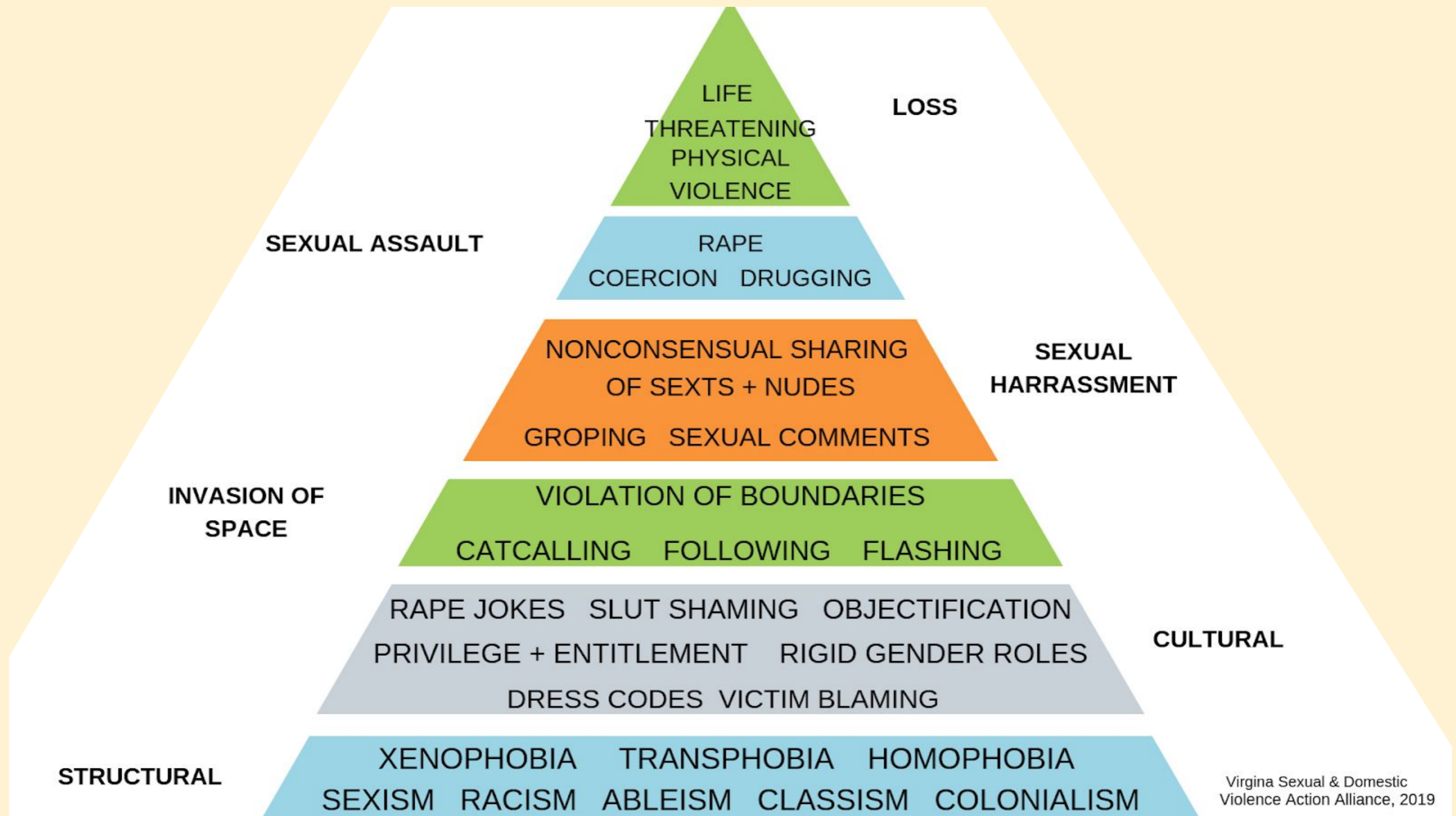
40% of Black women

report coercive contact of a sexual nature by age 18 and nearly

1/5 Latina teens

reported sexual dating violence in the last 12 months.

violence exists in a pyramid



Virginia Sexual & Domestic Violence Action Alliance, 2019

~~VULNERABILITIES~~ SOCIALIZED RISKS

Harmful masculinities

Hypersexualization of young bodies

Infantilizing young people

Gender constructs (girls and boys like different toys; little boys shouldn't cry)

Mis- and non-representation of LGBTQ+

Child abuse 'prevention' focusing on tertiary

Questioning self-knowledge

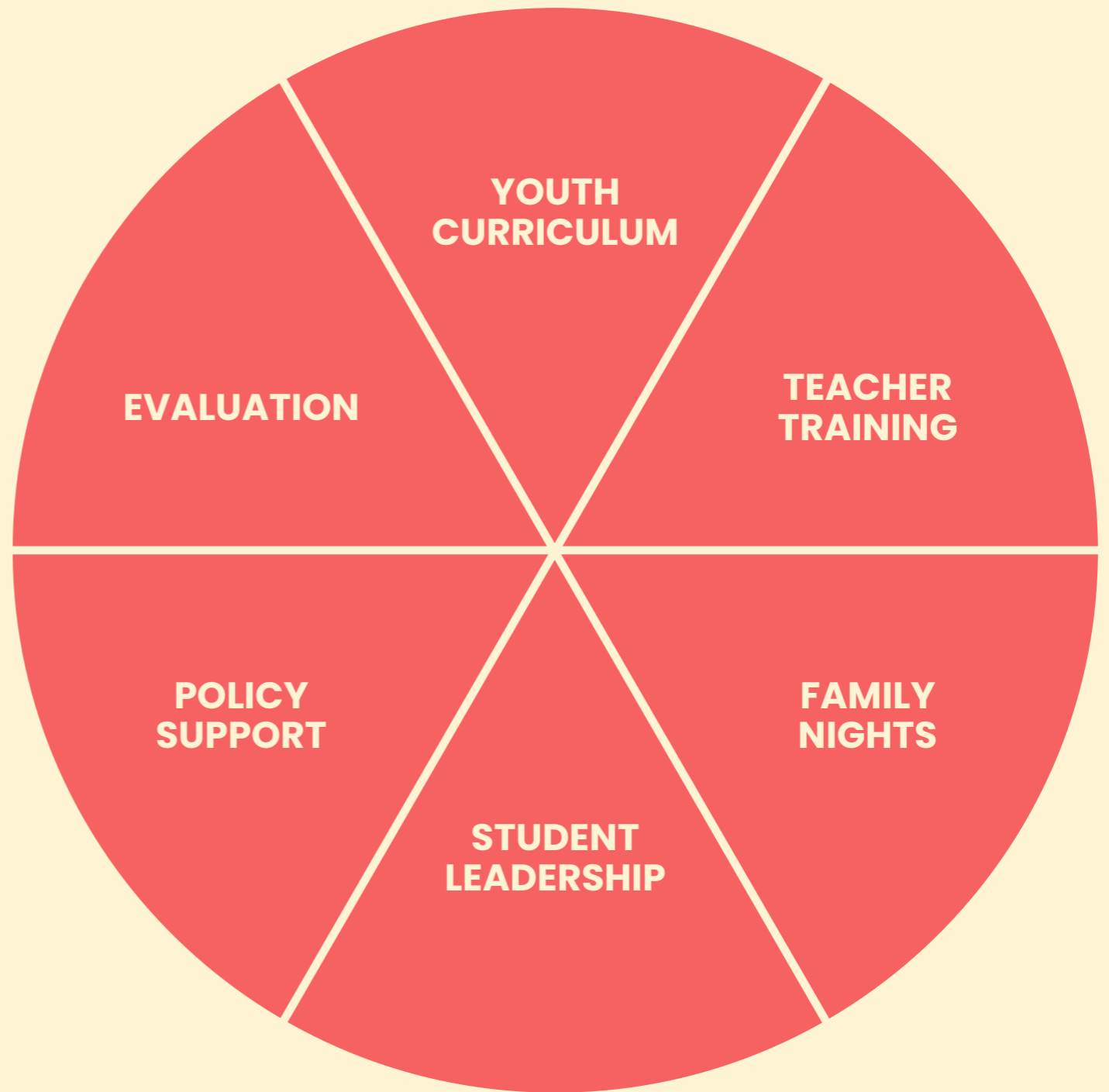
Lack of conversations about consent (touch boundaries and body autonomy)

Race/class/gender/economics

Youth exclusion from policy/decision making

**The Nest Program for Healthy Relationships
is a holistic intervention for students and the teachers, family
members, and communities that wraps around them.**

**THE NEST PROGRAM
FOR HEALTHY RELATIONSHIPS:
Preventing Child Sexual
Exploitation & Trafficking**



NYU



**COLUMBIA
UNIVERSITY**

Health TEKS Strands

Mental health and wellness:

- Social and emotional health
- Developing a healthy self-concept
- Risk and protective factors
- Identifying and managing mental health and wellness concerns

Injury and violence prevention and safety:

- Healthy home, school, and community climate
- Digital citizenship and media
- Interpersonal violence

Reproductive and sexual health:

- Healthy relationships
- Personal safety, limits, and boundaries
- Sexual risk



Newly adopted Health TEKS

- Create a personal safety plan (5-8)
- Identify safe havens (6-8)
- Digital Citizenship related to inappropriate social media use (6-12)
- Identify and report suspected abuse (5-12)
- Define and distinguish between friendship, infatuation, dating/romantic relationships (6-8)
- Making and respecting decisions about safe boundaries promotes healthy dating/romantic relationships (5-12)
- Reinforce personal boundaries to avoid dangerous situations (5-12)
- Behaviors that increase sexual risk in dating/romantic relationships (7-12)
- Describe legal aspects of sexual activity with a minor person including sexual abuse (7-12)
- Examine and discuss influences and pressures to become sexually active and why it is wrong to violate another person's boundaries and manipulate or threaten someone into sexual activity (9-12)
- Explain the importance of reporting to a parent or another trusted adult sexual harassment, sexual abuse, sexual assault, and dating violence involving self or others (5-12)
- Analyze how friendships provide a foundation for healthy dating/romantic relationships (6-12)

Middle & High School Curriculum

Nest Program for Healthy Relationships™

Class duration: 50 mins | 6th - 12th Grade

Lesson 1
Laying the
Foundation

Lesson 2
The Danger of
Silence

Lesson 3
Consent and Healthy
Relationships

Lesson 4
When Consent is
Lacking

Lesson 5
A Closer Look:
Child Sex Trafficking

Lesson 6
Becoming Critical
Consumers

Lesson 7
Promoting
Positivity

Lesson 8
Capstone
Project

Lesson 9
Capstone
Project

Elementary School Curriculum Nest Program for Healthy Childhoods™

Class duration: 45 mins | 3rd - 5th Grade

Lesson 1
Laying the
Foundation

Lesson 2
Feelings

Lesson 3
Similarities &
Differences

Lesson 4
Body Boss

Lesson 5
All About Consent

Lesson 6
Being Kind On and
Offline

Lesson 7
Safety Planning and
Helping Our Friends

Lesson 8
Kindness & Gratitude
are Superpowers!

NEST STUDENT FORUMS



NEST STUDENTS TESTIFY BEFORE THE TEXAS STATE LEGISLATURE IN SUPPORT OF PREVENTION EDUCATION



After students asked why the Nest Curriculum wasn't available all across Texas, our partners at Deeds Not Words trained Nest alumni to lobby and testify in congress in support of a bill that would make sexual exploitation prevention education mandatory. Many students stayed on to give feedback on other bills that were under consideration by the House Education Committee in the Texas State Legislature.

SUPPORT FOR SCHOOL POLICIES

The Nest Program for the Right to Healthy Relationships acknowledges that in order to truly foster a school climate in which students, teachers, and staff thrive, policies must be trauma-informed and holistic.

Nest team members and academic partners are available to conduct school and district-wide policy reviews, provide insight into best practices, and support the development of policies that allow for increased student safety and positive social change.



You're Invited!

Nest Virtual CSEA Workshop
Texas SHAC Board Members
Thursday, January 6th, 2022
4:30-6:00 pm CST

Register: bit.ly/NestTXSHAC

or email: kate@nestfoundation.org

